



708 W. 9<sup>th</sup> Street, #106

Lawrence, KS 66044

[www.socialperspective.org](http://www.socialperspective.org)

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# Emotional Safety in Foster Care Workshop

Friday, August 28, 2015  
9:00 a.m. to 1:30 p.m.

(Location in Lawrence to be announced)

Earn 4 CEU's, Approved by Kansas BSRB



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## Background

Youth suicide behavior is a significant national problem. Youth often lack the abstract thinking skills to allow them to fully appreciate the finality of death and are inherently impulsive, they may lack the cognitive skills necessary to imagine a better future, are less likely to have the knowledge and the strategies to seek help or cope with problems. Researchers who monitor school climate suggest bullying is rampant. Victims of bullies report high levels of loneliness, distress, and negativity towards school than non-victims. More alarming, however, are reports that children who are bullied are more likely to attempt suicide. Unfortunately, for children involved in the child welfare system, bullying and teasing may be a more prevalent, constant, and serious problem. Children in foster care may often have a higher rate of depression, suicidal ideation, difficulties in school and impaired social relationships, among a host of emotional, behavioral, developmental, and health problems. This workshop will focus on teaching social skills, how bullying affects the lives of children, how to recognize victimization behaviors, and how to respond effectively and appropriately to bullying and suicide ideation.

**FREE** for foster care parents:  
Cost for child welfare professionals: \$60\*  
**\*Early registration (by August 15): \$50**  
Registration required. Lunch provided.

Please visit our website at [www.socialperspective.org](http://www.socialperspective.org) and complete the form online or call us at 785-371-6554 to register.

Funding for this training was made possible by **Kansas Youth Suicide Prevention** (1U79SM060434), a State and Tribal Youth Suicide Prevention grant from SAMHSA .



## Workshop Topics

- Unique challenges for foster care parents
- Unique challenges for youth in foster care
- Emotional safety at home and in school
- Social skills overview & teaching
- Video and discussion of research-based social skills programs
- Bullying
- Suicide awareness –recognizing, intervening, preventing
- Communication
- Community resources

## Presenters

**Kristin Vernon, LMSW**, is the Clinical Director of Social Perspective, LLC and the Director of Clinical Services at Headquarters Counseling Center. Her expertise includes adult, child, and family therapy, crisis intervention, social skills instruction, and suicidology. She currently represents Headquarters on three community boards related to mental health issues, and is certified to provide ASIST, Yellow Ribbon and CALM training.

**Sue Vernon, Ph.D.**, is President of Social Perspective, LLC, a research affiliate at the KU Center for Research on Learning, adjunct faculty at Missouri Western State University, and a State of KS Court Certified Mediator (Parent-Adolescent specialty). She is an author of 21 research-based programs for educators and at-risk youth related to communication and social skills.

Together Sue and Kristin have over 30 years of experience working with parents and youth in a variety of settings.



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